

# HIKING TRAINING LUXEMBOURG

OUTDOORA



Do you like to challenge yourself this winter?  
Then join our hiking training trip to  
Luxembourg this winter!



  
**OUTDOORA**  
*Go outside, be happy, feel Alive*



## What we will do..

We are going to hike a part of the gorgeous Mullterthal trail in Luxembourg. Before , during and after hiking we discuss all kinds of things that will make you a better hiker. We will spend a lot time in nature and go camping. You will find the extensive program further on in this brochure.

## Do I need experience?

You do not need any experience to participate in this weekend. This trip is suitable for both young and old. The point is that you are going to learn something. It's not called 'training' without a reason. ;)

The more souls the more joy' is our opinion of Outdoora.

It is important that you are in good health and have a good basic condition.

The trip will take place with a minimum of 6 and a maximum of 12 participants





## PROGRAM



### Why in Luxembourg?

Because Luxembourg is rich in hiking trails and beautiful nature, but besides that it is also mountainous and we can take walks with altimeters. Let this be the perfect preparation for a multi-day mountain trip.

**Friday Evening** Arrival, introduction to the group, guide and a short briefing. We discuss; How to pack a backpack and how best to carry it, we will go through the route and discuss some navigation options.

### Saturday:

We Start the day with a refreshing splash (only if you want), have breakfast, break down the tents , pack our stuff and start hiking.

This day we discuss;

How to use walkingpoles, which cloths you will bring and when to wear what, how to estimate time of hiking and how to read map.

### Sunday.

We start the day with breakfast for who wants and break down the camp. When this is finished we will continue our hike trough the gorgeous luxembourg.

Today we discuss:

What best to take with you in food and drink, what you eat and drink te best during and after hiking and of course how you can continue training.

This trip will continue with a minimum of 6 and a maximum of 12 participants

## What is included?

- \*Overnight stays at the Campsites
- \*Guidance / training Outdoorora
- \*Weekend training

## What is not included?

- \* The trip to the location
- \* Food and drinks (option is to book a basic Foodpack, 2x breakfast, 2x lunch, 2x dinner €55,-)
- \* You must provide a tent, sleeping bag and mat yourself (you can also rent these at, for example at As adventure)
- \*Travel and/ or cancellation insurance



Will you join our Hiking Training in Luxembourg?

€195,-

A teal price tag graphic with a white circular hole at the top. The text inside the tag is white.

**PRICES**

**3-DAY TRAINING €195,-**

**FOODPACK €55,-**



## What is important to know?

- \*That you have to **take good care about cloths and gear**. We have a packinglist online. You can find it at '[tips and downloads](#)' and at the [page of this trip](#). It is important that you go through that list carefully and that you bring the right things with you. After all, we're going out in the winter and can't 'just get something somewhere'
- \* You don't need to be experienced to participate this trip.
- \*You are responsible for your own food and drinks (option is to order a Foodpack €55,-)
- \*That you have to be in good health to participate our trip. If you have any questions about this , than please contact us at [info@outdoora.nl](mailto:info@outdoora.nl)
- \* That we will walk 10 to 15 km average a day.
- \* This trip will continue with a minimum of 6 and maximum of 20 participants



### How to get there?

From Utrecht it is about a 3,5 hour drive to the location Camping Oficiel

The address is:  
17 Rte de Diekirch, 6430 Echternach, Luxembourg

Public Transport is for **FREE** in Luxembourg. So that might be interesting to know.



Bron; Google maps





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## CONTACT US TO BOOK A TRIP!

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